

# Qualities of a Black Belt!



Name: \_\_\_\_\_

I S  
S M  
I H A F  
C U R K  
F Q R T Y T  
P F A I R Y  
L I S T E N M W V T E A M W O R K J H T  
H R T H M S O M Y E A Z K C L F F Q S L  
J Z H C O N F I D E N T G L W Y E R  
S A F E I L I R E S P E C T N B  
K K I N D N E S S Q D R O O  
Z F S V M K Q X B R H A  
X C R T E H O L C O K J M Z  
C P O R T S H A R E N N Q Z  
F D S G U G M C A R I N C R O D  
O U Q R S C N N F J K X K L  
P C N T F T E E W P O M T G  
R U N U Y H T S A R  
M B S D J Q F B  
T V B G

TRUTH  
TRUST  
CARING  
FAIR  
TEAMWORK  
SHARE  
KINDNESS  
RESPECT  
FOCUS  
HONEST  
LISTEN  
SAFE  
SMART  
NINJA  
CONFIDENT

Choose 3 words from the list and on the back of the paper write down a time when you demonstrated that quality!

Return this sheet with your name with the back completed and receive 10 RAKS!

Grades 1 & 2 sheet