



Tiger Martial Arts, LLC * PO Box 313 * Freeland WA 98249
 (360)331-5619 www.tigermartialarts.info

9/1/2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM			Cardio Kickboxing 9 - 10 am			Kids Sparring 9 - 9:45 am
10:00 AM						Little Tigers 10 - 10:30 am
						Grades 1 - 5 All Ranks 10:45 - 11:30 am
3:00 PM		Grades 6 - 9 3 - 3:45 pm		Grades 6 - 9 3 - 3:45 pm		
4:00 PM		Orange Belts 4 - 4:45 pm	Grades 3-5 White/ Yellow 4 - 4:45 pm	Orange/ Blue Belts 4 - 4:45 pm	Grades 3-5 White/ Yellow 4 - 4:45 pm	
5:00 PM		BBC 5 - 5:45 pm	Grades 1 & 2 White and Yellow 5 - 5:45 pm	Red/ Jr. BB 5 - 5:45 pm	Grades 1 & 2 White and Yellow 5 - 5:45 pm	
6:00 PM	Adult White/Green 6 - 7 pm	Little Tigers 6 - 6:30 pm	Adult White/Green 6 - 7 pm		Cardio Kickboxing 6 - 7 pm	
7:00 PM	Adult Brown/Black 7 - 8 pm	Blue and Up 6:30 - 7:15pm	Adult Brown/Black 7 - 8 pm		Adult Sparring 7 - 8 pm	